



Guernsey Marathon Official Rules

1. Runners in the Marathon must be at least 18 years of age on the day of the race. Runners in the Relay Race as a team of two must be at least 17 years of age on the day of the race. Runners in the Relay Race as a team of five must be at least 15 years of age on the day of the race. Runners in the Fun Run must be at least 7 years of age on the day of the race.
2. Relay Teams of five will be made up of five runners each of whom must run only one leg of the Relay Race. Relay Teams of two will be made up of two runners whom must run only one leg of the Relay Race.
3. Relay sections will be of differing lengths and difficulties. It is the responsibility of Relay Team Captains to allocate their team to the sections of the race.
4. Runners are not permitted to bring or to use on the course any transport (including but not limited to roller skates, cycles, or baby joggers).
5. Runners are not permitted to bring or use MP3 or other similar headphone devices on the course, this is not a Closed Road Race and is for runner's own safety, as per our UKA Race License and Insurance.
6. Runners are not permitted to gain an unfair advantage where any personnel are supporting or assisting them from a non-static point, i.e supporters may not run or cycle alongside competitors.
7. Runners must obtain written permission from an official should they wish to bring or use any apparatus, item or equipment on the course.
8. All entry fees are non-refundable, and the organisers retain the right to refuse entry to anyone declaring false information on their entry form, not making the required payment, or otherwise failing to meet the stated entry requirements.
9. All participants take part at their own risk, and a declaration releasing and discharging all claims against and indemnifying the organisers and any party acting on behalf of the organisers must be completed by all entrants.
10. There is an official six-hour time limit for the Marathon. For Relay Race, there is a 5.5hour limit. Before and after this period, the course will not be policed or marshalled. Runners who are on the course before or after the official period do so at their own risk. Times will not be recorded for runners who complete the Marathon or Relay Race after the official six-hour and 5.5hour time limits.



11. Participants must retire from the race if requested to do so by an official and must comply with all decisions of and directions given by an official.
12. Each runner in the Marathon will be issued with a ChampionChip® at the race registration which MUST be worn in order to receive a time. Participants are responsible for returning their ChampionChip® within 3 hours after they have finished the race.
13. The event organisers reserve the right to modify, supplement or waive all of the Official Rules. Participants shall be bound by any modifications or supplement of the Official Rules published prior to the Marathon.
14. A runner may qualify for the Fastest Guernsey Runner race category if they have been:
 - (i) Born on the Island of Guernsey. Note, a competitor may be considered to have been born on the island of Guernsey if their mother was normally resident on the island immediately prior to the birth and returned to the island soon after.
 - (ii) Resident on the Island for a period of twelve consecutive months prior to the date of the Marathon.